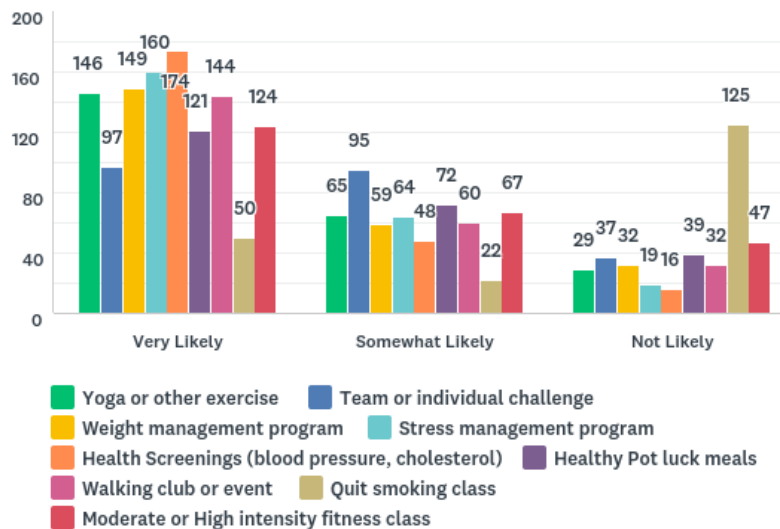


City of Baltimore Worksite Wellness 2017

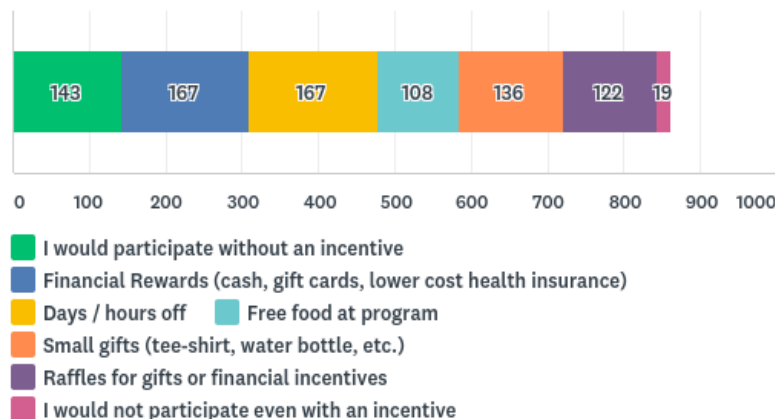
May 15th, 2018

The City of Baltimore Worksite Wellness 2017 Survey was provided to all employees during the City of Baltimore's 2018 "Open Enrollment fairs **Monday, November 13th 2017 through Friday, November 24th** in paper format. The survey results were manually entered into the Survey Monkey® database, and officially closed on Friday, November 24th. A total of **250** City of Baltimore employees completed the survey.

Q1 Please indicate how likely you would be to participate in each of the following if they were offered at your work site?



Q2 If you could receive incentives for participating in onsite wellness activities, which of the following would motivate you to participate.



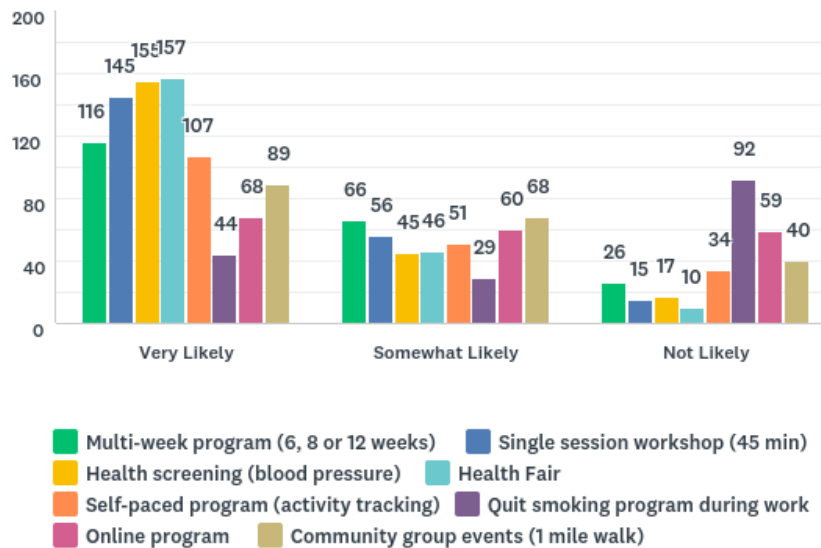
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May 15th 2018

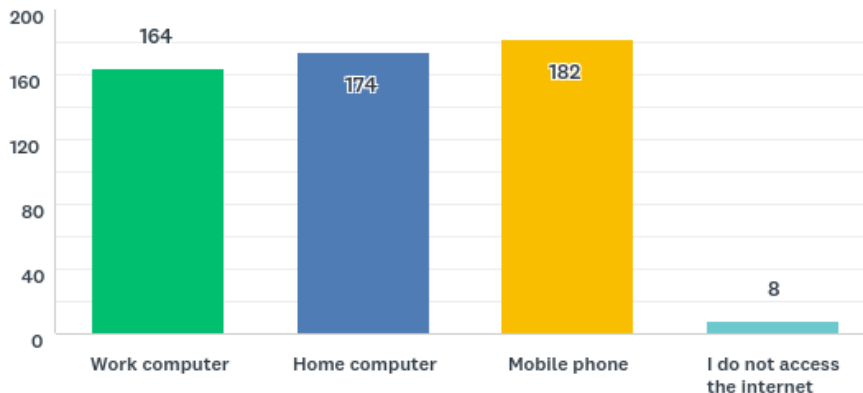
Q3 When would you prefer to participate in onsite wellness activities? Please check only one.



Q4 If it was a topic of interest to you, how likely are you to participate in the following?



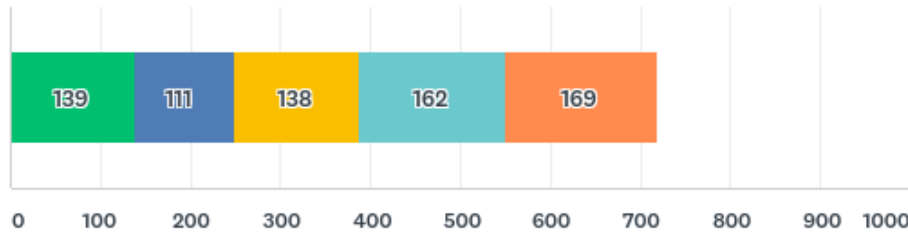
Q5 How do you access the internet? Please check all that apply



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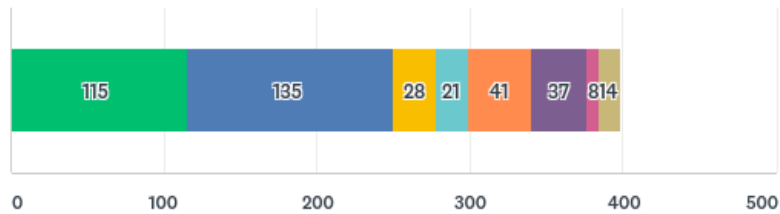
May 15th 2018

Q6 Would you support any of the following? Please check all that apply.



- Policy encouraging walking meetings when applicable
- Tobacco free workplace including all outdoor areas
- Safe, accessible and inviting stairwells
- Safe, accessible walking routes (indoors or outdoors)
- Healthy food options in the vending machines

Q7 Are there any barriers that prevent you from participating in worksite wellness activities?
Please check all that apply

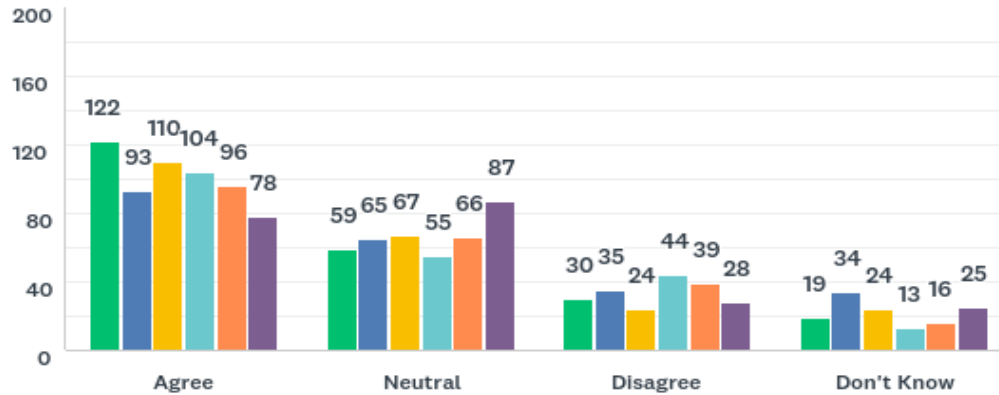


- Inconvenient time or location
- Lack of time
- My employer should not be involved in my personal health
- Concerns about others knowing of my personal health
- Lack of management support or pressure to get my work done
- My job duties do not allow me to participate
- Just not interested
- Other (please specify)

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Q8 Please give your opinion for each statement below.



- Leadership is committed to supporting health and wellness
- My immediate supervisor supports me in making healthy choices at work
- My co-workers support me in making healthy choices at work
- I am encouraged to take work breaks as allowed in my job description
- There are safe options for being physically active at my workplace
- Current wellness programs have been helpful in reaching my goals

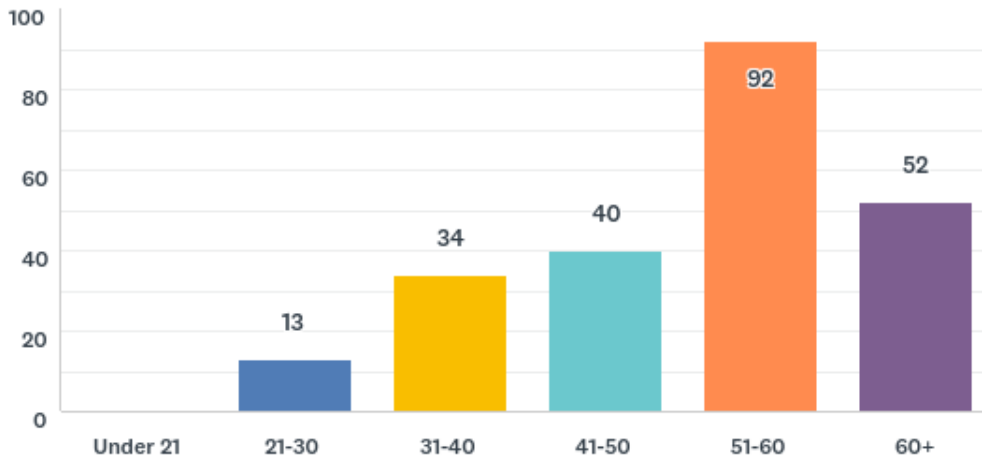
Q9 Please list any suggestions on how the City of Baltimore can help employees make healthy choices at work.

Stress Relief Food Lunch Affordable Workout options
Room Wellness Exercise Fitness Classes
Healthy Machines Offer Programs Yoga Bring
Gym Set Choices

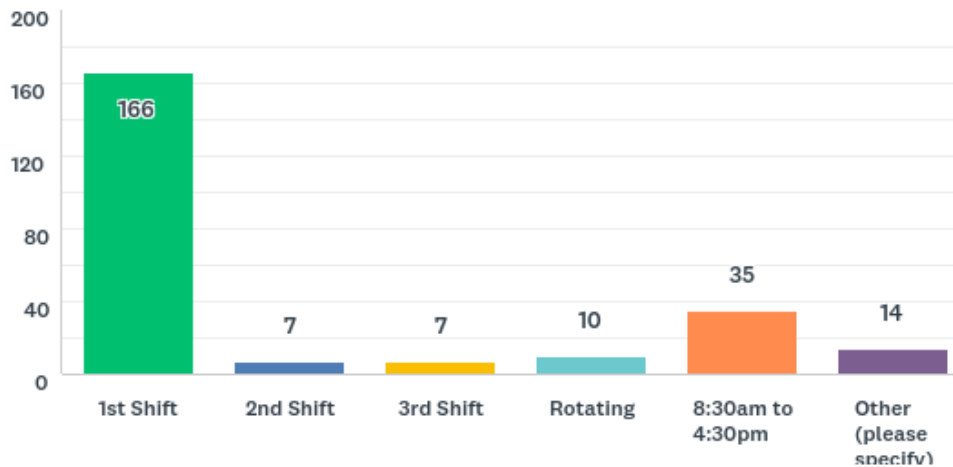
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Q10 Tell us about yourself (Age Group)



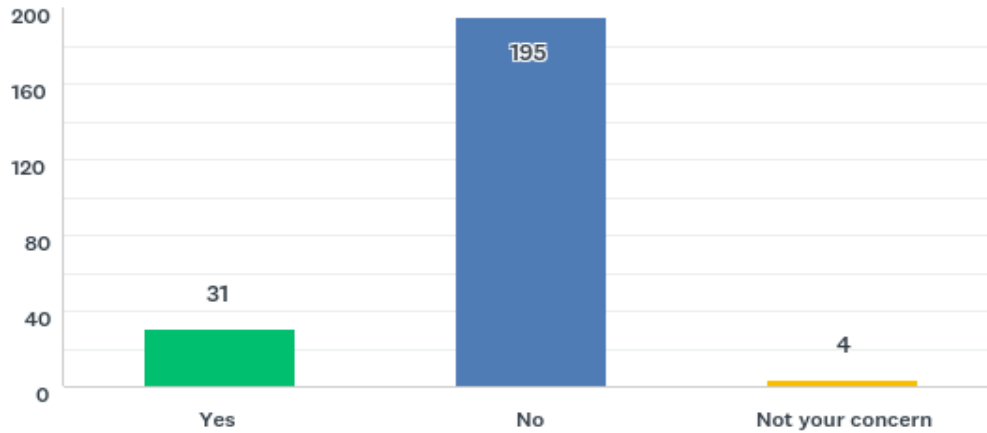
Q11 What shift do you work?



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Q12 Do you use tobacco products?



We appreciate your time and attention for the 2017 worksite wellness survey. The Department of Human Resources will be taking all information provided into consideration in the structuring of the new and improved wellness program.